



A Celebration Day for Girls Shepparton- September 2022



**September 2022-
A Celebration Day**

Friday Sept 2nd
7-9pm – Mums
evening

Sunday Sept 11th
– Full day in
Shepparton

Find out more:

To book in contact Nicole

Email:

naturopathnicole@gmail.com

Web:

<https://nicoletricarico.com/workshops/a-celebration-day-for-girls/>

**\$165 Per Mother-
Daughter Pair**

It's no secret that growing up involves change.

Would you like to help your daughter to feel informed and confident about her body, her cycles and herself?

Your 9-12 year-old daughter gets a day of information, fun activities, relaxed conversation and storytelling.

Mothers, you get an evening beforehand to look at what we'll do and what you'd like for your daughter, and join us from lunchtime on the full Sunday.



About Nicole Tricarico: With over 26 years of experience, Nicole is a Naturopath specialising in women's health, fertility and pregnancy. She is also a Childbirth & Parenting Mentor, and Facilitates Birth Story Medicine Trainings/Courses.

A Celebration Day for Girls™


NICOLE
TRICARICO